



## 2016 Western Slope Safety Summit

Day One: Thursday – March 3, 2016

Double Tree Hotel– Grand Junction

### AGENDA

**8:00 AM – 8:10 AM Welcome: Christine R. Harms MS, Director**  
**Colorado School Safety Resource Center**

#### **8:15 AM – 9:30 AM First Break Out Session**

- 1. Reunify to Solidify, The Road to Recovery – Pat Hamilton & Jeff Genger, Adams 12 - Columbine**  
Are you ready to reunify?? This fun and interactive workshop will prepare you to return to your school districts and build your own reunification team.
- 2. If Only We Could See Into the Future – Guy Higgins & Jennifer Freedman, Firestorm - Horizon**  
Social media messages are targeted, providing specific information about people, organizations, or events conveying useful intelligence that can be used to identify threats before they become crises. Learn to create an intelligence network that will deliver timely and actionable messages.
- 3. What Schools Need to Know About Working with Juveniles Who Commit Sexual Offenses– Anna Gisetti, CSSRC - Monument**  
The Juvenile Sex Offender Management Board (SOMB) in the Division of Criminal Justice with collaboration created a reference guide for school personnel. This presentation will explore the guide and provide best practices for school personnel.
- 4. Child Sexual Abuse Prevention in Schools – Christine Harms, CSSRC – Centennial/Mt. Garfield**  
The CSSRC is now charged with providing education and resources to schools on the effects of child sexual abuse on students. Come hear more about this ongoing issue for students.
- 5. Trauma Informed Care for Educators – Lynn Garst, CDPHE – Colorado/Mesa**  
Building on the growing knowledge of the adverse impact of stress and trauma on daily school functioning and behavior, this presentation explores a model for integrating trauma informed practices into existing safe and supportive school programs.
- 6. Threat Assessment Team Training – Part 1 of 3 – Brad Stiles CSSRC - Bookcliff**  
A well-trained threat assessment team is a vital part of a comprehensive safe schools' effort. This workshop reviews the lessons learned from research, provides a tool and includes discussions of actual scenarios.  
**To receive a certificate for this course you MUST attend all 3 workshops.**

**9:30 AM – 9:45 AM Break**

#### **9:45 AM – 11:00 AM Second Break Out Session**

- 7. Controlling the Media – Pat Hamilton & Jeff Genger, Adams 12 - Columbine**  
When you have a school emergency, how can you be sure the media promotes your message? Come learn tips for handling the media and having them tell the story accurately.
- 8. If Only We Could See Into the Future – Guy Huggins & Jennifer Freed, Firestorm - Horizon**  
Social media messages are targeted, providing specific information about people, organizations, or events conveying useful intelligence that can be used to identify threats before they become crises. Learn to create an intelligence network that will deliver timely and actionable messages.
- 9. Cyberbullying: Social Media, Apps and Laws—Oh My! – Anna Gisetti, CSSRC - Monument**  
According to Common Sense Media, youth are spending approximately nine hours a day using media. This session uses scenarios and case studies to explore cyberbullying and to discuss what schools can do to prevent and intervene when cyberbullying spills onto the school campus.



**10. Listen, Connect, Protect – Model & Teach: Psychological First Aid for Educators – Lynn Garst, CDPHE - Colorado/Mesa**

Psychological First Aid provides a set of practical tools for helping students before, during, and after a school, community, or individual crisis.

**11. Secondary Traumatic Stress – Christine Harms, CSSRC - Centennial/Mt. Garfield**

It is not a question of WILL you experience secondary traumatic stress (STS) but a question of HOW do you deal with it when it happens? Assess your levels of STS and ways of coping.

**12. Threat Assessment – Part 2 of 3 – Brad Stiles, CSSRC - Bookcliff**

A well-trained threat assessment team is a vital part of a comprehensive safe schools' effort. This workshop reviews the lessons learned from research, provides a tool and includes discussions of actual scenarios.

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**11:00 PM– 12:30 PM      Lunch – On Your Own**

**12:30 PM – 1:45 PM      Third Break Out Session**

**13. Anonymous Reporting & New Apps – Susan Payne, Safe2Tell - Columbine**

**14. Effectively Utilizing Your SRO – Officer Jeff Grady, Mesa 51 School District - Horizon**

Establishing good guide lines for starting and maintaining SRO programs is critical. This approach is helping all to understanding the need and the benefits an SRO can provide to all of our Colorado schools.

**15. Child Sexual Abuse Prevention in Schools – Christine Harms, CSSRC - Centennial/Mt. Garfield**

The CSSRC is now charged with providing education and resources to schools on the effects of child sexual abuse on students. Come hear more about this ongoing issue for some students.

**16. School Safety and Security Assessments– Brad Stiles, CSSRC - Monument**

Do you need to conduct a security vulnerability assessment of your school? This presentation will talk about tips and techniques for a successful assessment, as well as provide the participant with several tools for their use.

**17. Trauma Informed Care for Educators – Lynn Garst, CDPHE – Colorado/Mesa**

Building on the growing knowledge of the adverse impact of stress and trauma on daily school functioning and behavior, this presentation explores a model for integrating trauma informed practices into existing safe and supportive schools.

**18. Threat Assessment – Part 3 of 3 – Anna Gisetti, CSSRC - Bookcliff**

A well-trained threat assessment team is a vital part of a comprehensive safe schools' effort. This workshop reviews the lessons learned from research, provides a tool and includes discussions of actual scenarios.

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**1:45 PM – 2:00 PM      Break**

**2:00 PM – 3:30 PM      Plenary: The Impact of Marijuana Legalization**

**Michael Song, Esq.**

Assistant Attorney General

Office of the Attorney General

**3:30 PM      Adjournment**

**Please note: Certificates of attendance are available at the registration desk when you submit your completed evaluations. Thank you!**



## **Presenters**

### **Workshop & Breakout Speakers in Alphabetical Order**

#### **Jennifer Freedman**

Jennifer Freedman's background is in strategy development, which she uses to help schools devise and implement robust disaster preparedness strategies.

#### **Officer Jeff Grady**

Officer Grady has been in law enforcement for 28 years and an SRO for 21 years. He is also a CASRO (Colorado Association of School Resource Officers) board member.

#### **Lynn Garst, M.Ed.**

Lynn Garst works for the Office of Emergency Preparedness and Response at the Colorado Dept. of Public Health & Environment. He has extensive experience working with traumatized children and youth.

#### **Jeff Genger**

Jeff Genger serves as the Emergency Preparedness Coordinator for Adams 12 Five Star Schools.

#### **Anna Gisetti, M.A.**

Anna Gisetti began work with youth in a residential treatment setting before becoming a school counselor. At the CSSRC, Anna has served as the School Outreach Consultant since March 2013.

#### **Pat Hamilton, M.A.**

Pat Hamilton is the Executive Director of Operations for Adams 12 Five Star Schools and holds a master's degree in organizational leadership.

#### **Chris Harms, MS**

Chris Harms is a former public school teacher, private school administrator, psychotherapist and trainer with over 30 years' experience working with youth, professionals and parents.

#### **Guy Higgins**

Guy Higgins served 30 years in the U.S. Navy and twelve with Boeing. In his "third career" with Firestorm, Guy has committed to the importance of planned resilience in the face of disruption or crisis, building on his previous experiences.

#### **Susan Payne**

Susan Payne is the Founding Executive Director of the Safe2Tell, a prevention initiative developed as a response to the Columbine tragedy in Colorado and now housed in the Office of the Attorney General.

#### **Michael Song, Esq.**

Michael Song is the first Marijuana Attorney for the Attorney General's Office of Colorado. Prior to joining the AG's office, Michael served as an Assistant United States Attorney in the District of Hawaii and the District of Columbia where he tried cases in U.S. District Court and the U.S. Court of Appeals.

#### **Brad Stiles, M.A.**

Brad Stiles has served in the military and law enforcement and holds an advanced degree in emergency management. He joined the CSSRC as the Emergency Response Outreach Consultant in November 2013.



**COLORADO**  
Department of Public  
Health & Environment



**COLORADO**  
School Safety Resource Center  
Department of Public Safety



**COLORADO**  
Department of Education

## 2016 Western Slope Suicide Symposium

**Day Two: Friday, March 4, 2016**

**Double Tree Hotel- Grand Junction**

### AGENDA

<b>7:30 AM – 8:00 AM</b>	<b>Registration, Coffee, and Continental Breakfast</b>
<b>8:00 AM – 8:30 AM</b>	<b>Welcome &amp; Colorado Suicide Update</b> <b>Jarrold Hindman MS, Unit Manager</b> Office of Suicide Prevention Colorado Department of Public Health & Environment
<b>8:30 AM – 9:45 AM</b>	<b>Plenary: Suicide and the Exceptional Child: Risk Factors and Special Considerations</b> <b>Franci Crepeau-Hobson, Ph.D., Associate Professor</b> University of Colorado, Denver Introduction by: <b>Julia Wigert Ed.S., NCSP</b> School Psychology Specialist, Colorado Department of Education
<b>9:45 AM – 10:00 AM</b>	<b>Break</b>
<b>10:00 AM – 11:15 AM</b>	<b>Plenary: School Based Suicide Intervention</b> <b>Therese Hustis, Psy.D, School Psychologist</b> Littleton Public Schools Licensed Clinical Psychologist Living Works, Trainer and Training Coach
<b>11:15 AM – 12:45 PM</b>	<b>Lunch on your own</b>
<b>12:45 PM – 2:00 PM</b>	<b>First Break Out Session</b> <ol style="list-style-type: none"> <li> <b>Suicide Prevention in Schools – Cathy Ebel &amp; Mesa 51 Staff - Columbine</b>  Suicide prevention is about developing our strengths and assets and finding the supports we need to avoid that dark place. District 51 schools are using two programs to accomplish this. Riding the Waves addresses elementary students and Sources of Strength for secondary schools. Come hear the successes and challenges of implementing these programs. </li> <li> <b>Suicide Postvention – Karin Vermeulen, Mesa 51 - Horizon</b>  Effective suicide postvention is critical to help alleviate emotional distress in survivors, promote healing, and prevent further suicides. The aftermath of a suicide presents unique challenges and reservations that must be overcome by the school community. This session will provide attendees with best practices regarding protocols for notification, intervention, and memorialization. </li> <li> <b>Ending the Silence- Jennifer Daniels, President, NAMI Western Slope - Bookcliff</b>  NAMI Ending the Silence is an in-school presentation about mental health designed for high school and middle school students. NAMI Ending the Silence is effective at raising awareness, encouraging early identification and intervention and giving a human face to mental illness </li> <li> <b>Colorado Gun Shop Project – Martha Graf, Robin Berndt and Meghan Francone, Suicide Prevention Foundation - Monument</b>  In CO, firearm-related suicide deaths outweigh firearm-related homicide deaths four to one. Come learn about the CO Gun Shop Project designed to support gun retailers, owners and enthusiasts in promoting suicide prevention. </li> <li> <b>Colorado Crisis Services – Mary Hoefler, CO Department of Human Services – Colorado/Mesa</b>  Senate Bill 13-266 created a foundation for the development of a comprehensive statewide behavioral health crisis response team. The session will provide an overview of the legislation, the modalities of crisis services, successes and challenges thus far, as well as recent data. </li> </ol>

**6. Colorado Suicide Commission – Sarah Brummett, CDPHE/OSP – Centennial/Mt. Garfield**

The workshop will touch on suicide and attempt data specific to Colorado as compared to the Nation, with an emphasis on youth. It will provide an overview of current prevention programming from the State Office of Suicide Prevention within Colorado schools.

**2:00 – 2:15 PM**

**Break**

**2:15 PM – 3:30 PM**

**Second Break Out Session**

**7. Suicide Prevention in Schools – Cathy Ebel & Mesa 51 Staff - Columbine**

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**8. Suicide Postvention – Karin Vermeulen, Mesa 51 - Horizon**

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**9. Ending the Silence- Jennifer Daniels, President, NAMI Western Slope - Bookcliff**

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**10. Colorado Gun Shop Project – Martha Graf, Robin Berndt and Meghan Francone, Suicide Prevention Foundation - Monument**

In CO, firearm-related suicide deaths outweigh firearm-related homicide deaths four to one. Come learn about the CO Gun Shop Project designed to support gun retailers, owners and enthusiasts in promoting suicide prevention.

**11. Colorado Crisis Services – Mary Hoefler, CO Department of Human Services – Colorado/Mesa**

Senate Bill 13-266 created a foundation for the development of a comprehensive statewide behavioral health crisis response team. The session will provide an overview of the legislation, the modalities of crisis services, successes and challenges thus far, as well as recent data.

**12. Overview of Mental Health First Aid – Anna Gisetti, CSSRC – Centennial/Mt. Garfield**

Youth Mental Health First Aid is a course designed to teach parents, family members, caregivers, school staff, and other caring citizens how to help an adolescent who is experiencing a mental health challenge or is in crisis. Join us as we provide an overview of the course, review common mental health challenges and introduce a 5-step action plan for how to help young people in both crisis and non-crisis situations.

**3:30 PM**

**Adjournment**

**Please note: Certificates of attendance are available at the registration desk when you submit your completed evaluations. Thank you!**

## **Presenters**

### **Workshop & Breakout Speakers in Alphabetical Order**

#### **Robin Berndt**

Robin Berndt is the Suicide Prevention /Training and Outreach Coordinator, for the Center for Mental Health in Montrose. Actively involved in Suicide Prevention efforts on State, National and local level since 2011.

#### **Sarah Brummett, Esq.**

Sarah Brummett is the Coordinator for the Suicide Prevention Commission of Colorado. The Commission is tasked with identifying statewide priorities for suicide prevention, promoting collaboration, expanding resources, and encouraging public/private partnerships essential for success. As Coordinator, she provides leadership, oversight, coordination, report writing and management of prevention and Commission activities. Before joining CDPHE, Ms. Brummett practiced family and appellate law in both Colorado Springs and the Denver Metro area. Ms. Brummett received her JD from the Sturm College of Law, University of Denver and also a Master's of Forensic Psychology from the Graduate School of Professional Psychology, University of Denver.

#### **Franci Crepeau-Hobson, Ph.D.**

Dr. Franci Crepeau-Hobson is an Associate Professor and Director of the School Psychology Program at the University of Colorado Denver. She is a licensed psychologist and a license school psychologist. Dr. Crepeau-Hobson is a member of both the Colorado Society of School Psychologists State-Wide Crisis Response Team and the National Association of School Psychologists School Safety and Crisis Response Committee. She is also on the board of Directors of the Second Wind Fund, an organization dedicated to the prevention of youth suicide. Dr. Crepeau-Hobson has published extensively in the areas of youth suicide and crisis intervention and has presented nationally on these topics.

#### **Jennifer Daniels**

Jennifer Daniels is President of NAMI Western Slope and a graduate of Colorado Mesa University. Jennifer is a Colorado native, wife and mother of three.

#### **Cathy Ebel**

Cathy Ebel has been in District 51 for 29 years; the first 15 as a classroom teacher in the elementary grades and the last 14 as the Prevention Services Coordinator for the district. Her focus is and always has been supporting those learners at risk for academic, behavioral or social/emotional failure. She has a Master's degree in education and certification in school administration.

#### **Anna Gisetti, M.A.**

Anna Gisetti earned her B.S. in business administration from American University in Washington, DC. After moving to the Denver area, Anna began working at the Denver Children's Home with at-risk youth in a residential treatment setting. She earned her M.A. in Counseling Psychology and Counselor Education from the University of Colorado at Denver. Anna worked in the Colorado public school system for over six years as a school counselor. She has trained staff on many topics including bullying prevention, suicide intervention, substance abuse prevention, school culture and climate, PBIS, and restorative practices. Anna counseled students regarding substance abuse, teen pregnancy, domestic violence, trauma, bullying, suicide, and self-harm. She has been the School Outreach Consultant for the Colorado School Safety Resource Center since March of 2013.



**Martha Graf**

Martha Graf, Executive Director of the Western Colorado Suicide Prevention Foundation. The Foundation works in partnership with local organizations and agencies to educate the community about risks for suicide and resources for help. The Western Colorado Suicide Prevention Foundation is currently running three programs in Mesa County: Bridges to Hope (emergency funding for low income youth in need of counseling), the Gun Shop Project and Workplace Mental Fitness (suicide prevention efforts in the workplace). The Foundation offers different levels of suicide intervention training (Applied Suicide Intervention Skills Training and Brief Suicide Intervention Training) to members of and groups within the community.

**Mary Hoefler**

Mary Hoefler is a licensed clinical social and the manager of Crisis Service for the Office of Behavioral Health. She joined the Colorado Department of Human Services after working in the University of Colorado Hospital Emergency Department, providing psychiatric and trauma consultation. While living in San Francisco, Mary working in various behavioral healthcare services, from assertive community treatment to inpatient psychiatric care to addiction medicine

**Therese Hustis, Psy.D**

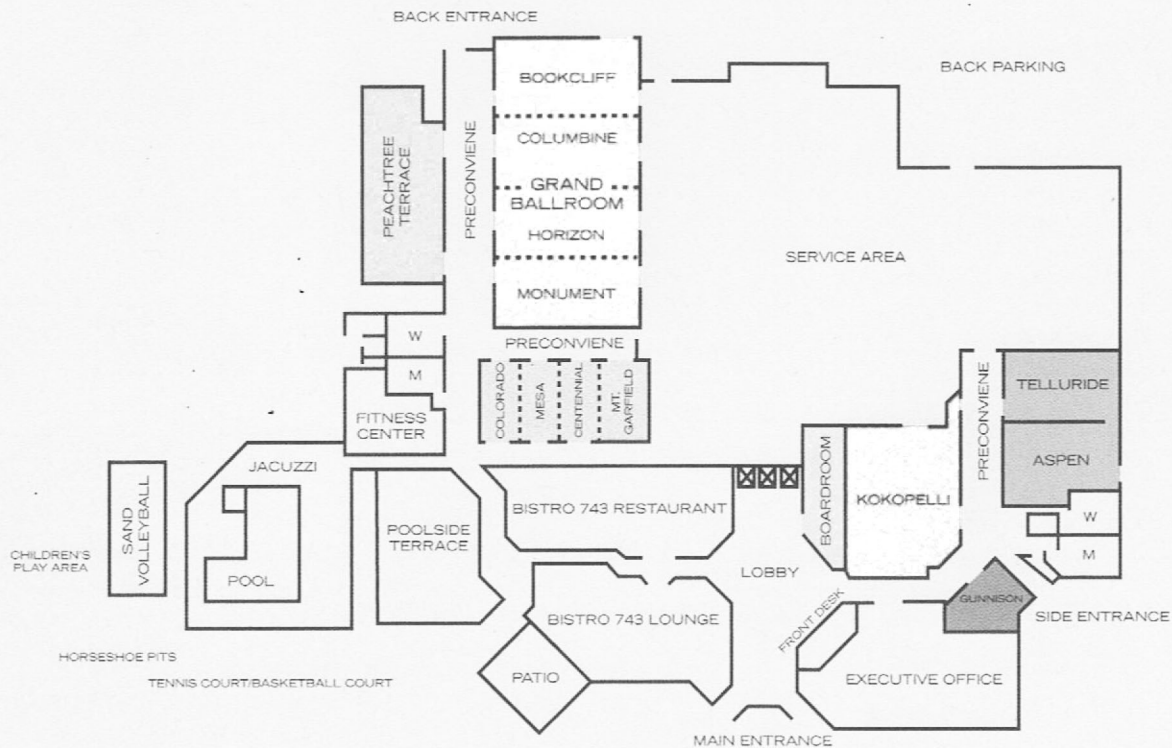
Dr. Hustis is a Clinical and School Psychologist. She has been working with children and their families for the past 25 years, specializing in providing training for school staff in the field of suicide intervention. She currently works in Littleton Public Schools. She also provides trainings for trainers across the country, in the field of suicide intervention through Living Works.

**Jarrold Hindman, MS**

Jarrold Hindman, MS is the Violence and Suicide Prevention Section Manager in the Violence and Injury Prevention-Mental Health Promotion Branch at the Colorado Department of Public Health and Environment. Mr. Hindman oversees violence and suicide prevention programs including the Office of Suicide Prevention, Sexual Violence Prevention Program, Essentials for Childhood: Creating Safe, Stable and Nurturing Relationships and Environments project.

**Karin Vermeulen**

Karin Vermeulen, M.ED, NCSP, is a school psychologist in Mesa County District #51. She has served on crisis response teams in Alexandria, VA as well as D51 for the past eleven years working with students and staff after crisis events, including suicides. She currently serves as the coordinator of the District Crisis Psychological Support Team which provides support to students, staff, and parents after a death. She is a trainer for the PREPaRE curriculum for crisis preparation, prevention, intervention, response, and recovery in the school setting.





# Restaurants Nearby

1. Taco Bell  
736 Horizon Dr,  
Grand Junction, CO 81506

2. Enzo's Pizzeria & Italian Cafe  
759 Horizon Dr,  
Grand Junction, CO 81506

3. Ww Peppers  
753 Horizon Ct,  
Grand Junction, CO 81506

4. Pantuso's Ristorante  
755 Horizon Dr,  
Grand Junction, CO 81506

5. Village Inn  
757 Horizon Drive,  
Grand Junction, CO 81506

6. Tepanyaki Japanese Steak House and  
Sushi Bar  
752 1/2 Horizon Dr,  
Grand Junction, CO 81506

7. Burger King  
739 Horizon Dr,  
Grand Junction, CO 81506

8. Applebee's  
711 Horizon Dr,  
Grand Junction, CO 81506

9. Subway  
722 Horizon Dr,  
Grand Junction, CO 81506

10. Taco Bell  
715 Horizon Dr,  
Grand Junction, CO 81506

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